



ERIKA WASKO

VINYASA/PRENATAL CERTIFIED

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OBJECTIVE

To curate an inclusive yoga practice with elements of the mysteries of the Universe, thought-provoking dharma talks, music, and magick.

SKILLS

I believe my skillset as an active musical theater performer, choreographer, and dance instructor will greatly benefit my yoga teaching by allowing me a vast awareness of movement and the body. As a musician, I feel I can cultivate enjoyable, unique classes by effortlessly integrating music with movement. As a practicing Pagan/Wiccan witch, I will bring spiritual awareness to my classes, integrating the lunar cycles, seasons, and the energies each element brings to the Universe with traditional yogic philosophies.

EXPERIENCE

SELF EMPLOYED ONLINE VIRTUAL CLASSES

I teach witchcraft inspired vinyasa yoga classes incorporating moon cycles, astrology, and wheel of the year sabbats through thoughtful asana flows and dharma talks. I've taught upwards of 30+ hours of self-employed virtual classes, gaining a following through friends and word-of-mouth recommendations.

200 HR YTT • YOGA VIDA • GRADUATED MARCH 2021

Yoga teacher training under the instruction of Lindsay Hilscher, Erica Chen, Eileen Goddard, Cat Acquaviva, Jeffrey Villanueva, Nathan Lowry, Tracy Maltz

85 HR PRENATAL • CLARE RYAN • GRADUATED MAY 2021

DANCE INSTRUCTOR/CHOREOGRAPHER • 2006 - PRESENT

Professional dance instructor and choreographer. Styles of dance taught include: ballet, jazz, tap, musical theater. I have also choreographed for multiple professional musical theater productions.

PERFORMER • NYC • 2006 - PRESENT

Professional musical theater performer/dancer based out of NYC. I have performed in multiple theaters in the New York/Pennsylvania/New Jersey area, and all the way to Arizona. *full resume available upon request

UNIVERSITY OF THE ARTS • BFA MUSICAL THEATER